

What is the Character's Goal? _____

How is the Character's Goal Unique? _____

Character's Outer Landscape

Age _____ Birth Date _____ Nickname _____

Height _____ Weight _____

Complexion _____ Race _____

Nose _____ Ears _____

Eye Color and Shape _____

Face Shape _____ Hair Type and Color _____

Body Type _____

Right-handed or Left-handed _____

Positive Distinguishing Features _____

Imperfections _____

How Does Character View His/Her Body? _____

Physical Illnesses or Afflictions _____

Characteristic Gestures/Body Language _____

Home - Where and Describe _____

Education and Where Received _____

Occupation _____ Salary _____

Vocabulary _____

Skills, Abilities, and Talents _____

Interests/Hobbies _____

Social Status _____

Sense of Humor _____

Joys _____

Pets _____

Favorite Meal _____

What do you have in your pockets or purse? _____

Establishing Character Motivation

Family Background/Birth Order/Lineage Including Ethnicity _____

Political Views _____

Religious Affiliation

How Does Faith Play in the Character's Life? _____

Character's Physical Story Problem _____

Character's Psychological/Inner Problem _____

What is the Character's Moral or Spiritual Turmoil? _____

Type and Number of Close Friends _____

Best Friend _____

How do the Character's Family and Friends View Him/Her? _____

What about Life Does the Character Appreciate? _____

What About Life Does the Character Detest? _____

What One Phrase Shows What the Character Ultimately Wants from Life? (deep longing)

If the Character Could Be/Do Anything in Life, What Would It Be? _____

What is the Character's ideal vacation? _____

What Person or Persons does the Character Admire and Why? _____

Things that Make the Character Uncomfortable or Embarrassed _____

Traumas or Scars from the Past _____

What Makes the Character Angry? _____

How Does the Character Handle Anger? _____

What is the Character's Worst Fear? _____

How Will the Character Face His/Her Worst Fear? _____

What is the Character's Most Painful Experience? _____

What lie does your character believe? Can be more than one. See here for ideas:

http://theraponiversity.org/lies/lies_menu.html

Will the lie be revealed in the story? _____

What is the Character's Biggest Triumph? _____

What are the Character's Strengths? _____

What are the Character's Flaws/Weaknesses/Blindspot? _____

How Does the Character Contradict Him/Herself? _____

What is the Character's love language?

_____ Words of Affirmation Quality Time _____ Receiving Gifts _____
_____ Acts of Service Physical Touch _____

Meyers-Briggs Love Languages <http://thoughtcatalog.com/heidi-priebe/2015/10/each-myers-briggs-personality-types-preferred-love-language/>

What Promises Will the Character Make to the Reader? _____

As a child, were you popular? Who were your friends, and what were they like?

When and with whom was your first kiss? _____

Are you a virgin? If not, when and with whom did you lose your virginity?

With What is Known About the Character, What Can Go Wrong? _____

What is your character's blindspot? _____

With What is Known About the Character, How are Problems Processed? _____

What Makes the Character Feel Safe? _____

How Did the Character's Mother Comfort Him/Her as a Child? _____

How Did the Character's Father Comfort Him/Her as a Child? _____

Why Will Readers Care/Worry About the Character? _____

How Do You Want the Reader to Feel/React to the Character? _____

How Will the Character Change? _____

According to James Scott Bell, Every Character Faces a Type of Death: Physical, Psychological, or Professional. One is Always Prominent. What Kind of Death(s) is the Character Facing? _____

What Crisis or Change of Events Pushes the Character into Action?

What Revelations will the Character Experience? _____

What is the one thing for which you would most like to be remembered after your death?

What is the one thing my protagonist wants more than anything? _____

What is the one thing my antagonist wants more than anything? _____

Why will the world be lost if the protagonist is unsuccessful _____

What is the one thing that is stopping the protagonist from getting what he wants? _____

What is the one thing that stopping the antagonist from getting what he wants? _____

What is your character's greatest regret?

What is the most evil thing your character has ever done?

Does your character have a criminal record? What did he/she do? _____

If your character knew he/she was going to die in 24 hours, name three things the character would do in the time left.

Backstory - Exercises

1. What Happened in Your Character’s Life Up to Age 12 That Affected Who He/She is Today?
2. What Happened in Your Character’s Life From Ages 13 - 20 That Affected Who He/She is Today?
3. What Happened in Your Character’s Life From Ages 21 - 30 That Affected Who He/She is Today?
4. What Happened in Your Character’s Life 1 Year Before the Story Opens?
5. Six Months?
6. Six Weeks?
7. Twenty-Four Hours?
8. One Hour?
9. Ten Minutes?

“The person your character wants to be, the life he hopes to live—both are shaped indelibly by the life he’s known so far, and will be shaped further by the events that transpire in your story.”
David Corbett

Final Thoughts

Who is your character? _____

Are You ready to Plot Your story? _____

What is Your Initial Story Disturbance? _____

What is the Story Problem? _____

What Questions are not Answered About Character and Plot?

How Will You Answer the Above?

What Research Needs to be Completed?

Resources

Personality testing - <http://www.humanmetrics.com/cgi-win/jtypes2.asp>

The worst nightmare of each personality type - <http://personalitygrowth.com/the-worst-nightmare-of-each-personality-type/>

Here Is The Top 'Love Language' For Each Myers-Briggs Personality Type <http://thoughtcatalog.com/heidi-priebe/2015/10/each-myers-briggs-personality-types-preferred-love-language/>

Character secret generator
- http://www.springhole.net/writing_roleplaying_randomators/character-secret.htm

What-if Generator <http://www.seventhsanctum.com>

Random Generator <http://chaoticshiny.com/>